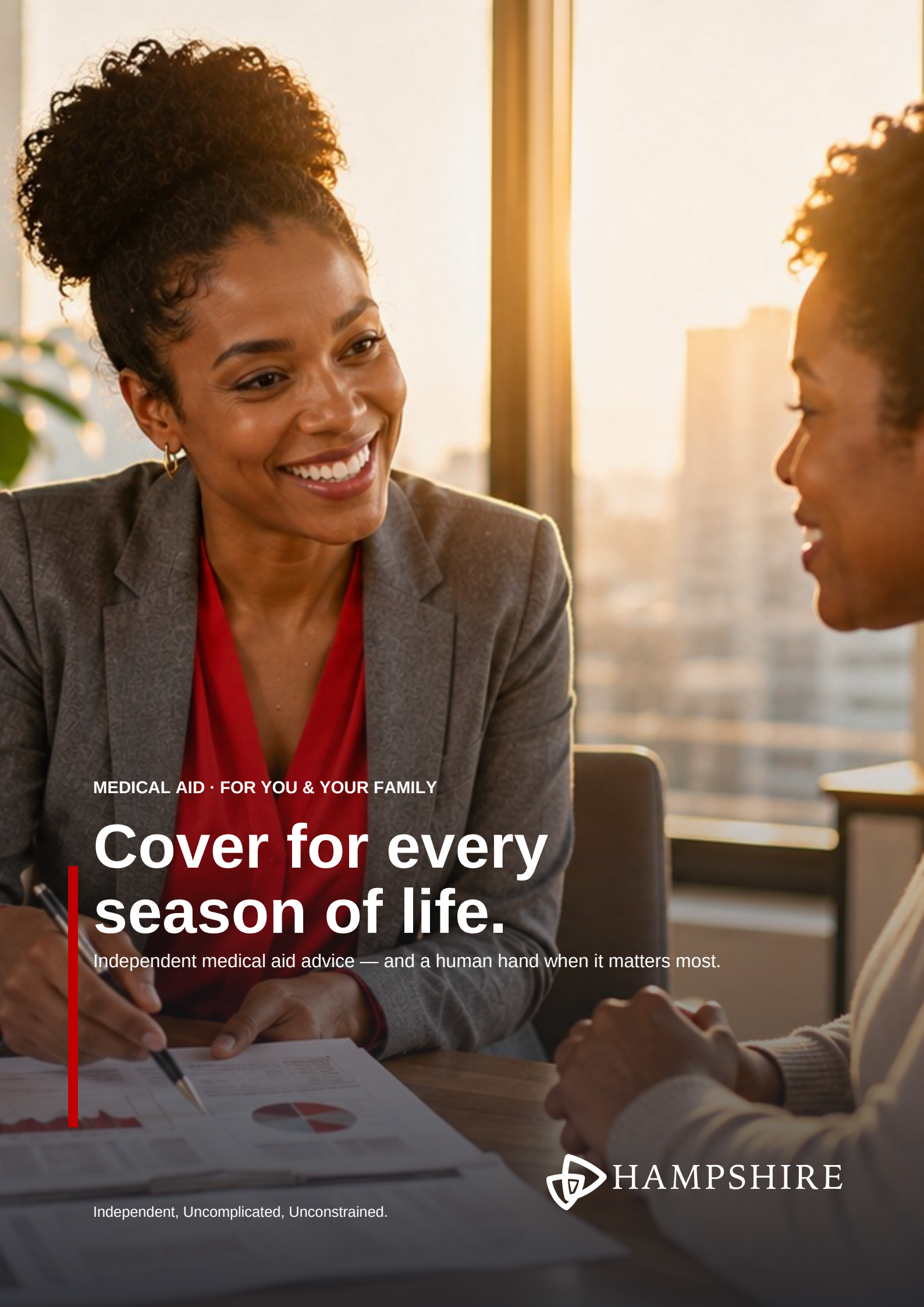




MEDICAL AID · FOR YOU & YOUR FAMILY

Cover for every season of life.

Independent medical aid advice — and a human hand when it matters most.

Independent, Uncomplicated, Unconstrained.



Healthcare is personal. Getting it right shouldn't be hard.



Cover that grows with your family.

Medical aid is one of the most important — and most confusing — decisions you'll make for your family. Hampshire is your independent guide: we compare the market honestly, match cover to how you actually live, and stay beside you long after the plan is chosen.

We don't sell schemes. We give independent advice on the right cover for real people — because our focus is healthier families, not products.

From your first plan to a growing family and every year in between, one relationship keeps your cover right as life changes.



For every member of your family.

WHAT WE HELP YOU COVER

The life moments that matter.

Whatever life brings, we help make sure the right cover is already in place.



Everyday care

GPs, dentistry, optometry & scripts



Maternity & baby

Ante-natal, delivery & your newborn



Serious illness

Oncology, chronic care & recovery

...and everything in between

- Hospitalisation & surgery
- Emergencies & ambulance
- Chronic medication
- Mental health & wellbeing
- Gap Cover for specialist shortfalls
- Health Insurance for primary cover



In hospital or at home — we make sure you're covered.

Your options, at a glance.

We've distilled the market into five clear comparison guides. Each compares the best-fit schemes for that need and recommends a shortlist — your Advisor completes the advice before you sign.

Guide	Who it's for	From (pm)
Confidence	Hospital + day-to-day · Any age · Any income	from R3 084
Traction	Hospital + day-to-day · Income under R16,500	from R1 730
Freedom	Hospital plans · All ages · Any private (non-network)	from R2 523
Security	Hospital plans · Age 35+ · Network	from R2 269
Opportunity	Hospital plans · Under 35 · Network	from R1 350

"From" shows the lowest principal-member monthly contribution in each guide (2026). Full comparisons appear in each plan brochure.



One guide, your best-fit options — then a real Advisor by your side.

ALWAYS BESIDE YOU

Independent advice, then a human hand.

We compare the market honestly, explain your options in plain language, and stay with you year after year — through renewals, claims and every change life brings.

Speak to a Hampshire Advisor

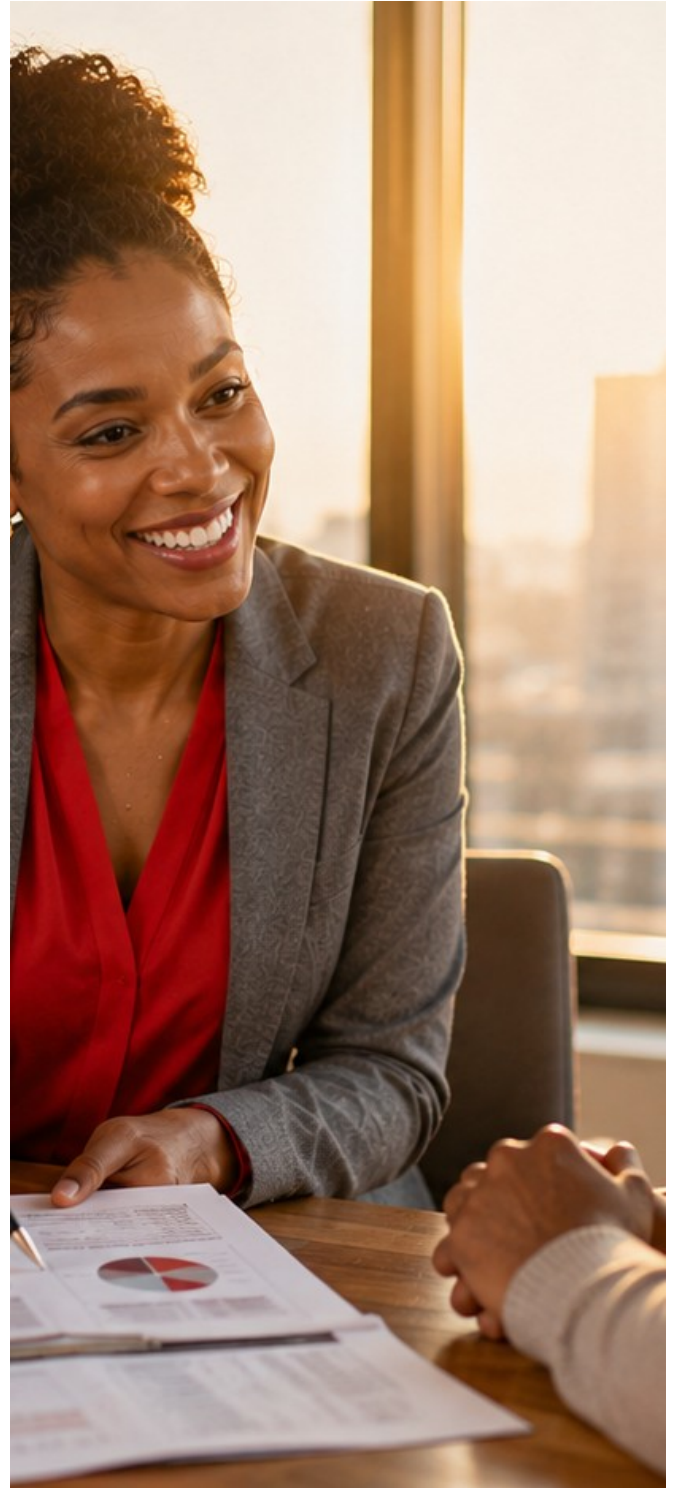
Call us on 031 811 6200

Email us on info@hampshireadvisors.co.za

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From everyday care to hospital.



A real person, in your corner.

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